

ALCHEMY STUDIO

The mentoring program at Alchemy Studio is a blending of minds and efforts between teacher and student. It offers ongoing support to those who have the desire to lean into areas of personal study and are seeking ethical and knowledgeable guidance toward their goals.

For some, a mentoring program can be highly focused on a singular topic of study. For others, mentoring can offer compassion and support during a myriad of life changes and decisions. Yet others will begin a mentoring program with one topic of interest, only to find some pretty fascinating direction changes and re-routes along the way. No matter the reason for mentoring, this program can lend strength, insight, and inspiration to those who seek it.

My goal through mentorship is to elevate the conversation and knowledge of spiritual and intuitive personal practice, and to provide a safe and dynamic environment in which students can both learn and thrive. The number of mentoring opportunities is intentionally small to allow complete attention and investment into each student. A waiting list may become available for open slots. If a mentoring program resonates with you, I encourage you to contact me and express your interest in this ongoing program.

IF YOU...

are craving a highly focused and personalized learning experience in the area(s) of *your* individual interests

are seeking more knowledge than group classes and courses can provide

are willing to be present and accountable throughout your learning experience

are willing to do the work to push past boundaries and limitations to find your real potential

THEN THIS MENTORSHIP IS FOR YOU

How it Works:

An initial session will be scheduled (at no charge) to establish your hopes and expectations for the program. We'll also set up your mentoring schedule during this session and determine a start date.

Mentorships are a commitment for *both* the teacher and the student. This mentoring program requires an initial 3-month commitment, with payments made monthly for the duration. The first payment will be due on the day the mentoring program is scheduled to begin. Students have the option to continue the mentorship program at the end of the initial 3-month commitment.

You will receive open and honest feedback and direction. I will help you stay both accountable and creative by challenging your limitations and exploring your potential. Our sessions will be like coaching sessions, with actionable steps to take away each time. I will share any notes I may take during our sessions as a resource and will offer you unlimited email and text support during your mentorship.

Recommended Areas of Study:

- Intuitive and psychic development
- Shamanic practices and principles (beyond journeying)
- Ritual and devotional development
- Tarot intensives
- Divination practices and techniques
- Yoga – student development (beginning through advanced)
- Yoga – teacher development (beginning through advanced)
- Meditation and relaxation practices
- All of life's changes and challenges!

Students are NOT limited to only one area of interest and are encouraged to incorporate multiple areas of study into their mentorship program (including those not listed above).

“BEGINNING Mentorship”

Your INVESTMENT: Per month \$109. Payable monthly.

(CE credits available for Yoga Alliance members)

Your Commitment: Minimum 3-month program

This option is best for the student who has some idea of the direction they'd like grow but lacks the necessary guidance to do so.

With so much useless and distracting (mis)information flying around on the internet and in social media platforms, it's easy to become overwhelmed with empty spiritual promises and underwhelmed with superficial results. Alchemy's BASIC mentoring program begins by exploring the student's interests and then tailors a learning experience that is singularly focused on that student's needs, strengths, and goals. The BASIC program is only basic in its level of contact between mentor and student. It's a very sustainable once-per-month session that provides structure and support without overwhelming the student with too much data or too many requirements.

This program is an excellent starting point for the student who's new to personal mentoring and wants the freedom to explore with minimal oversight.

Each Month Includes:

- (1) one hour session of one-on-one time with Lisa*
Sessions can be via phone, Zoom/facetime, or in-person (location dependent)
Can be divided into two 30 minute sessions over one month
- unlimited email support with weekly email check-ins
- unlimited access to the member-only area of the studio's web site
- unlimited access to weekly live studio classes

“DEDICATED Mentorship”

Your INVESTMENT: Per month \$139. Payable monthly.

(CE credits available for Yoga Alliance members)

Your Commitment: Minimum 3-month program

The Dedicated Mentorship is well suited to students who want a deeper exploration of study that transcends the basics. A 2nd private session each month holds students to a higher degree of effort and accountability, and additional sessions are available during each month at a significant discount.

This option is optimal for students who have already established a working relationship with me and understand my teaching and mentoring methodology. All students, however, are able to select this option for their desired studies.

Each Month Includes:

- (2) one hour sessions of one-on-one time with Lisa*
Sessions can be via phone, Zoom/facetime, or in-person (location dependent)
Can be divided into four 30 minute sessions over one month
- unlimited email support with weekly email check-ins
- unlimited access to the member-only area of the studio's web site
- unlimited access to weekly live studio classes
- BONUS for Dedicated Mentorship students – additional private sessions, 30 min or 1 hour, can be purchased for 50% off the standard cost.

CONTACT ME NOW to secure your spot and start your mentorship!

Additional stuff:

**Unused private sessions in any given month DO NOT carry over to the next month.*

The Mentorship Program is available for ALL students, not only within the greater Lansing area, but also globally via phone, email or Zoom/Facetime.

A minimum 3-month commitment is required.

All payments for the required 3 months are rendered monthly via autopay through the studio's POS system.

One Zoom link will be emailed for all studio classes. Each scheduled live class will use the same zoom class link.